

GLOBAL FLAVORS

SUPER FOODS

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| M Beef Frito Chili Pie | Low Country Green Beans |
| T Beef and Cheese Enchilada
Bean and Cheese Enchilada | Corn Elotes |
| W Old School Spud
Broccoli and Cheese Baked Potato
Taco Beef Potato | BBQ Baked Beans |
| TH Lasagna Roll Ups | Parmesan Green Beans |
| F Teriyaki Chicken w/ Rice
Orange Chicken w/ Rice
Sweet & Sour Chicken w/ Rice | Spicy Asian Vegetable Blend |

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| M SUPER SALADS
Caesar Salad or Crispy Chicken Caesar Salad |
| T SMOOTHIE BOWLS
Very Berry Smoothie |
| W GRAIN BOWLS
Chef Salad |
| TH WRAPS & FLATBREADS
Spicy Chicken or Crispy Chicken Wraps |
| F SUPER SALADS
Caesar Salad or Crispy Chicken Caesar Salad |

**PLANT-BASED, VEGETARIAN, NATURAL & MORE...
ALL THE INGREDIENTS YOU LOVE!**

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| M Garden Salad
Chilled Broccoli
Variety of Fresh Fruit
Variety of Canned Fruit | T Caesar Salad
Broccoli Lime Salad
Variety of Fresh Fruit
Variety of Canned Fruit |
| W Super Salad
Citrus-Glazed Carrots
Variety of Fresh Fruit
Variety of Canned Fruit | TH Caesar Salad
Italian-Seasoned Chickpeas
Variety of Fresh Fruit
Variety of Canned Fruit |
| F Spinach Salad
Jicama Salad
Variety of Fresh Fruit
Variety of Canned Fruit | |

EVERYDAY SELECTS

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| M Chicken Nugget Basket
Cheese Filled Breadstick
<i>All entrées served with Seasoned Oven Baked Fries</i> |
| T Crispy Chicken Sandwich
Spicy Chicken Sandwich
Cheeseburger
Hamburger |
| W Cheese Pizza
Pepperoni Pizza

<i>All entrées served with</i> |
| TH Bean & Cheese Nachos
Beef & Cheese Nachos
Fajita Chicken Nachos
<i>All entrées served with Stewed Black Beans</i> |
| F Local Favorites Menu Day
<i>Visit the cafeteria to check it out!</i> |

SAUCE IT UP!

Add a kick to any dish with our featured sauces.

Music City Sauce
Signature Nashville Hot Sauce
with just the right kick of heat

MK Special Sauce
The perfect blend of mayonnaise
and ketchup

Spicy Cool Sauce
Spicy sriracha meets cool,
creamy mayonnaise

Spicy K Sauce
Classic ketchup — with a kick!

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

IN A HURRY?

